

EARLY CHILDHOOD PROGRAMS

Fall 2025



ADULT AND TOT - DANCE

LITTLE DANCERS 2-3yrs **P**

Little ones will love this introduction to the wonderful world of movement and music. Perfect for first-time participants, Adults remain in studio during class for extra encouragement.

DANSKO DANCE STUDIOS

Dansko Staff

147152	Tu	Sep 16-Dec 16	9:30-10am	12/\$93
147155	Th	Sep 18-Dec 11	10:25-10:55am	13/\$101

ADULT AND TOT - GENERAL

JUMPING JELLY BEANS 18mths-3yrs **P**

This 45-minute combo class starts with crafts, songs, and group play. After a snack, we move into the gym with ride-on toys and kindergym activities to let off some steam! Adult/caregiver participation is required.

SAANICH COMMONWEALTH PLACE

Joanne Van Dyk

146765	F	Sep 19-Oct 31	9:15-10:45am	7/\$78
146766	F	Sep 19-Oct 31	11am-12:30pm	7/\$78
146990	F	Nov 7-Dec 12	9:15-10:45am	6/\$67
146992	F	Nov 7-Dec 12	11am-12:30pm	6/\$67

MUCKIN' AND MESSIN' 18mths-3yrs **P**

Why make a mess at home? Join us for painting, gluing, glitter, marble painting, messy play, finger paints and loads of fun. We'll have playtime, circle time, songs and gym time. Adult or caregiver participation required.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146776	Tu	Sep 16-Oct 28	9:15-10:45am	6/\$67
147083	Tu	Nov 4-Dec 16	9:15-10:45am	6/\$67

Christine Lee

146777	W	Sep 17-Oct 29	9:30-11am	7/\$78
147084	W	Nov 5-Dec 17	9:30-11am	7/\$78

PLAYTIME COMBO 18mths-3yrs **P**

You and your little one will keep busy with fun activities and creative play. Painting, gluing, puzzles, songs, and a variety of play stations will spark your child's imagination. After snack and circle time, we'll move to the gym with ride-on toys and kindergym activities. Adult or caregiver participation required.

SAANICH COMMONWEALTH PLACE

Christine Lee

146397	M	Sep 15-Oct 27	9:30-11am	6/\$67
146404	M	Nov 3-Dec 15	9:30-11am	7/\$78

ADULT AND TOT - MUSIC

MUSIC FOR LIFE 1-2yrs **P**

Have fun with your child while they learn simple music concepts. Join us to sing, play instruments, and move to the music! Play interactive games that explore beat, pitch, dynamics, and literacy and numeracy skills. Presented by the Victoria Conservatory of Music.

SAANICH COMMONWEALTH PLACE

146778	F	Sep 26-Nov 28	9-9:30am	10/\$138
147107	F	Sep 26-Nov 28	9:35-10:05am	10/\$138

THE MUSIC CLASS: THE LION COLLECTION

Birth-4yrs **P**

Unleash your child's musical potential! Join us for 10 weeks of singing, dancing, movement and instrument play. These mixed-age, fun-filled classes stimulate a lifelong understanding and enjoyment of music. New music and songbook download included each session. Siblings under 9mths (at the first class) attend free, 9mths+ may register for \$136.

SAANICH COMMONWEALTH PLACE

Jennifer Yuen

147118	W	Oct 1-Dec 10	9:15-10am	10/\$215
146789	W	Oct 1-Dec 10	10:15-11am	10/\$215
147119	W	Oct 1-Dec 10	11:15am-12pm	10/\$215

P = PARENT OR CAREGIVER PARTICIPATION REQUIRED

ADULT AND TOT - HEALTH & FITNESS

BABY AND ME CORE AND MORE **P**

A safe core class for you to sculpt and strengthen your abdominals, lower back and glute muscles, with your baby by your side. Babies should not be older than 18mths.

SAANICH COMMONWEALTH PLACE

Jan Del Mistro

145246 Th Sep 18-Oct 30 11:45am-12:30pm 7/\$67

146294 Th Nov 6-Dec 18 11:45am-12:30pm 7/\$67

ADULT AND TOT - SPORTS

ACTIVE TOTS - FOUNDATIONS FOR SPORT

18months-3.5yrs **P**

Join our hands-on coaching staff and support your child to develop their gross motor skills. Through games, songs, activity circuits and more, we'll focus on balance, core strength, hand-eye coordination and other movements which are the building blocks required for multiple sports.

ROYAL OAK MIDDLE SCHOOL

145869 Th Sep 18-Oct 30 5-5:30pm 7/\$56

145870 Th Nov 6-Dec 18 5-5:30pm 6/\$48

SOCCER STARS 2-3yrs **P**

Welcome to Little Soccer Champions. This fun, interactive program introduces the basics of soccer in a playful and engaging environment. Our sessions include fun games and exercises focusing on developing coordination, balance, and motor skills through soccer-related play. Our coaches create a supportive atmosphere where kids enjoy physical activity without pressure.

SAANICH COMMONWEALTH PLACE

Richardson Sport

OUTDOORS

146785 F Sep 19-Oct 31 10:30-11am 7/\$86

INDOOR

146784 F Nov 7-Dec 19 10:30-11am 7/\$86

FALCON GYMNASTICS ADULT AND TOT 2-3yrs **P**

This gymnastics program supports children's physical, mental and social development. Adults/guardians work with their tots as they are introduced to climbing, rolling, hand-eye coordination exercises and motor skills. It's fun, healthy play with purpose, using obstacle courses and preschool gymnastics equipment.

FALCON GYMNASTICS CENTRE

Falcon Gymnastics

146038 Tu Sep 16-Dec 9 9:30-10:15am 11/\$225

146039 F Sep 19-Dec 5 10:45-11:30am 12/\$240

P = PARENT OR CAREGIVER PARTICIPATION REQUIRED

KINDERGYM DROP-IN **P**

1-5yrs

Kindergym is a movement program designed for children and their caregiver to play together. Balls, hoops, ride-on toys, climbers and mats allow children to creatively explore. Staff will lead circle time at the end. Get active together for life. No more than one caregiver per child. \$3.50 per child.

SAANICH COMMONWEALTH PLACE

(Drop-in with swim option straight after kindergym \$6)

1-3YRS

Tu Sep 16-Dec 16 10-10:45am

Th Sep 18-Dec 18 10-10:45am

2-5YRS

Tu Sep 16-Dec 16 9:15-10am

Th Sep 18-Dec 18 9:15-10am

5YRS AND UNDER (NO SWIM OPTION)

Su Sep 21-Dec 14 9:15-10am

CHILDMINDING Up to 10yrs SAANICH COMMONWEALTH PLACE

Starts September 16

Tuesday 8:45-11:30am

Wednesday 8:45-11:30am

Thursday 8:45-11:30am

You'll like it – they'll love it! Saanich Commonwealth Place is pleased to provide quality childminding care in a safe, friendly and fun environment. We recommend 1 hour and up to 1.5 hours per visit. Not available on stat holidays. Infants to 10 years. Parents/guardians must be on the premises while your child receives care. For more information, please contact Ruth Smith, Preschool Programmer at ruth.smith@saanich.ca

Cost: \$6.15/hr/per child

Third child and subsequent children of the same family are \$3/hr/per child

10 hour card: \$55.50

25 hour card: \$125

EARLY CHILDHOOD - DANCE

BALLET AND JAZZ 4-5yrs

Join us as we combine basic jazz dance technique and ballet in this fun and entertaining class. The result is the poise and grace of ballet with the high energy of jazz dance! Children will learn a choreographed dance.

SAANICH COMMONWEALTH PLACE

Dansko Staff

146757 Sa Sep 20-Dec 13 10:45-11:30am 13/\$123

KINDER-DANCE 3-4yrs

The perfect class for the child who loves to move to music! Children enjoy a combination of creative movement, ballet and imagination. Led by patient, qualified and fun dance instructors.

SAANICH COMMONWEALTH PLACE

Dansko Staff

146768 Sa Sep 20-Dec 13 10-10:45am 13/\$123

TAP, JAZZ AND BALLET COMBO 3-5yrs

Introduce your youngster to three popular dance styles. Children will learn the sounds and rhythms of tap dance, practice the basic positions, posture and alignment of ballet, and enjoy the lively energy of jazz dance.

Dansko Staff

DANSKO DANCE STUDIOS

147154 Tu Sep 16-Dec 16 10:10-10:55am 12/\$113

ROYAL OAK MIDDLE SCHOOL

147186 Sa Sep 20-Dec 13 9:15-10am 13/\$123

TINY TUTUS AND TIGHTS 3-5yrs

In this fun and creative class, young dancers explore basic steps, build coordination and incorporate imagination and rhythm to their movements. A short dance will be taught.

SAANICH COMMONWEALTH PLACE

Dansko Staff

146790 Sa Sep 20-Dec 13 9:15-10am 13/\$123

146791 Sa Sep 20-Dec 13 12:15-1pm 13/\$123

EARLY CHILDHOOD - GENERAL

BACK TO NATURE 3-5yrs

The perfect program for children who love the outdoors, are captivated by animals, insects, and plants, and who delight in hands-on exploration! Learn about nature and our planet. Dress according to the weather as we will be outside the last half of the class in our Friendly Forest. Just to confirm is not a Adult Participation Class.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146756 Th Sep 18-Oct 30 12:15-2:15pm 7/\$105

DAYS OF THE DINOSAURS 3-5yrs

Come with us as we visit the prehistoric time of the dinosaurs, build volcanoes, dig for fossils and hunt for eggs. Discover dragons, castles and princesses! This small group class includes circle time, songs, games, art and time in the gym. Children also gain comfort eating in a classroom environment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146792 M Sep 15-Oct 27 9:15-11:15am 6/\$90

147088 M Nov 3-Dec 15 9:15-11:15am 7/\$105

DRESS UP, DRAMA AND MAKE BELIEVE 3-5yrs

Let your imagination soar in this class. Through dramatic play centres and storytelling we will pretend to go on adventures each week. We will create open ended crafts and incorporate expression through movement. Gym time is included.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

147336 W Nov 5-Dec 17 11:45am-1:45pm 7/\$105

FUNTASTIC FRIDAYS 3-5yrs

End the week with a whole lot of FUN! Learn about dinosaurs, play group games, enjoy ooey gooey messy play, and more. We'll have gym time with our popular ride-on toys and climbing equipment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146396 F Sep 19-Oct 31 9:15-11:15am 7/\$105

146400 F Nov 7-Dec 12 9:15-11:15am 6/\$90

HAPPY HANDS, HAPPY MINDS 3-5yrs

This small group program encourages young ones' creativity and learning. Children enjoy painting, art projects, show-and-tell and circle time. Yoga, creative dance and gym time keep kids active, too!

SAANICH COMMONWEALTH PLACE

Diane Holmes

146762 Tu Sep 16-Oct 28 9:15-11:15am 6/\$90

146983 Tu Nov 4-Dec 16 9:15-11:15am 6/\$90

K-TOTS 3-5yrs

This multicultural class blends Korean and English and is ideal for children who speak either language. Christine will use both languages in songs, stories, creative playtime, crafts, and circle time. It also includes gym time with ride-on toys and climbing apparatus. This is a great opportunity to prepare for kindergarten. Just to confirm is not a Adult Participation Class.

SAANICH COMMONWEALTH PLACE

Christine Lee

146767 Tu Sep 16-Oct 28 9:30-11:30am 6/\$90

147001 Tu Nov 4-Dec 16 9:30-11:30am 6/\$90

MAGIC OF SCIENCE 3-5yrs

Great for the child that loves to ask why. Why do objects sink or float? Who paints rainbows in the sky? Our staff will perform experiments while the kids discover the magic of science. This class is complete with circle time, songs, games, artwork and time in the gym.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146794 T Sep 16-Oct 28 10:30am-12:30pm 6/\$90

147098 T Nov 4-Dec 16 10:30am-12:30pm 6/\$90

MORNING DELIGHT 3-5yrs

Preschoolers explore different activities each week in this delightful small group class. Program leader Janet introduces science experiments, creative movement, yoga, music, crafts and messy play. Kids also stay active with gym time.

SAANICH COMMONWEALTH PLACE

Janet Mulhall

146775 W Sep 17-Oct 29 9:15-11:15am 7/\$105
147104 W Nov 5-Dec 17 9:15-11:15am 7/\$105

OUTER SPACE ADVENTURES 3-5yrs

Take off on the adventure of a lifetime as we launch our imaginations into outer space and discover rocket ships, gravity and astronauts. Play space-themed games during circle time, and enjoy stories and artmaking.

The atmosphere of play and learning is out of this world!

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146795 Th Sep 18-Oct 30 9:15-11:15am 7/\$105
147109 Th Nov 6-Dec 18 9:15-11:15am 7/\$105

RECIPE FOR SUCCESS 3-5yrs

Get ready for fun while you learn, create, and explore using quick and easy recipes. We will mix, measure, pour, and more. The best part? You eat what you create! This small group class also enjoys crafts, songs, and gym time with our popular ride-on toys and climbing equipment.

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146780 Th Nov 6-Dec 18 12:15-2:15pm 7/\$121

SILLY SATURDAYS 3-5yrs

Preschoolers love this program's focus on music and creative play, and Adults appreciate the time to run weekend errands or enjoy a workout. Kids will enjoy a wide variety of action songs, creative play, crafts and stories. We will also go on short walks for outdoor exploration.

SAANICH COMMONWEALTH PLACE

Dianne Holmes

146781 Sa Sep 20-Nov 1 9:30-11:30am 7/\$105
147114 Sa Nov 8-Dec 20 9:30-11:30am 7/\$105

STEPPING UP TO PRESCHOOL 2.5-4yrs

This transitional program is the perfect stepping stone to preschool. In the classroom, children learn to stay with the instructor for crafts, free time, stories and circle time; then Adults join the class for snacks and kindergym activities

SAANICH COMMONWEALTH PLACE

Michelle Dyas

146787 W Sep 17-Oct 29 9:30-11:30am 7/\$105
147116 W Nov 5-Dec 17 9:30-11:30am 7/\$105

Christine Lee

146788 Th Sep 18-Oct 30 9:30-11:30am 7/\$105
147117 Th Nov 6-Dec 18 9:30-11:30am 7/\$105

EARLY CHILDHOOD - MUSIC

PIANO FOR PRESCHOOLERS 3-5yrs

A creative class for adult and child. Children will learn to find notes and play a song by the end of the course.

They will also be taught to read music, play by ear and compose their own songs. The materials fee is included in the cost.

SAANICH COMMONWEALTH PLACE

PJ Music Studio

146072 Sa Sep 27-Dec 6 9-9:30am 10/\$185
146073 Sa Sep 27-Dec 6 9:30-10am 10/\$185
146074 Su Sep 28-Dec 7 1-1:30pm 10/\$185
146075 Su Sep 28-Dec 7 1:30-2pm 10/\$185

EARLY CHILDHOOD - SPORTS

ACTIVE PRESCHOOLERS - FOUNDATIONS FOR SPORT 3-5yrs

Through games, songs, activity circuits and more, we'll have your preschooler moving, playing and having fun! Our focus will be on balance, core strength, hand-eye coordination, and other gross motor movements, which are the building blocks required for multiple sports.

ROYAL OAK MIDDLE SCHOOL

146108 Th Sep 18-Oct 30 5:45-6:30pm 7/\$77
146109 Th Nov 6-Dec 18 5:45-6:30pm 6/\$66

HOME RUN HEROES - OUTDOORS 3-5yrs

Welcome to Baseball Champions! This fun, beginner friendly baseball class teaches young kids the basic: hitting, throwing, catching, and running bases in a positive, supportive environment. With engaging drills, games, and lots of encouragement, children build skills, confidence, and coordination while having fun and making new friends. No pressure, just play!

SAANICH COMMONWEALTH PLACE

Richardson Sport

147115 F Sep 19-Oct 31 11-11:45am 7/\$102

HOW TO REGISTER

ONLINE at saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our
4 Recreation Centres



FALCON GYMNASTICS GYM BUGS 4-5yrs

Gymnastics is a great sport to prepare your children for a LIFETIME of athletics. While learning basic gymnastics skills, children are taught body control and coordination. It's fun, healthy play with purpose. Through the use of obstacle courses and preschool gymnastics equipment your child's motor skills will improve. At the end of the term the participants will receive a ribbon.

FALCON GYMNASTICS CENTRE

Falcon Gymnastics

146040	M	Sep 15-Dec 8	10:30-11:30am	12/\$264
146041	Tu	Sep 16-Dec 9	10:30-11:30am	11/\$247
146042	F	Sep 19-Dec 5	10:30-11:30am	12/\$264

SOCCER - ME AND MY COACH - INDOORS 3-5yrs

Welcome to Future Soccer Champions! Our dynamic class is designed to supercharge gross motor skills and boost physical literacy through engaging games and hands-on exercises. Our coaches prioritize fun over competition which cultivates a lifelong love for soccer.

SAANICH COMMONWEALTH PLACE

Richardson Sport

146782	F	Nov 7-Dec 19	11-11:45am	7/\$102
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SOCIAL - EVENTS

GRANDPARENT AND ME AND THE XMAS TREE

3-5yrs

Come together for some festive fun! Create a tree ornament, sing holiday songs, enjoy a cup of tea and decorate cookies. Price includes one grandparent or guardian and one child.

SAANICH COMMONWEALTH PLACE

Tiffany Kidder and Jo Van Dyk

146793	Su	Dec 14	10:15am-12:15pm	\$40
146982	Su	Dec 14	1-3pm	\$40

STORYTIME WITH SANTA 2-8yrs

Bring your family to spend a fun-filled morning with Santa and his helpers at Saanich Commonwealth Place. Gather around Santa's chair and hear a classic Christmas tale read by the jolly man himself. Children will meet him personally to share their wishes and dreams. Then enjoy some cookies and milk with the big guy and create your own Christmas Craft. Remember your camera! Registration is per child. Adult supervision required.

SAANICH COMMONWEALTH PLACE

146085	Sa	Dec 13	9:30-10:45am	\$30
146086	Sa	Dec 13	11am-12:15pm	\$30
146087	Sa	Dec 13	12:45-2pm	\$30

HOW TO REGISTER

ONLINE at saanich.ca/Recreation

PHONE 250-475-7600

IN PERSON at any of our 4 Recreation Centres



Preschool Registration Open! Full-year, nature based programs for preschoolers, September 2025-26



KIDDIE CAPERS FOREST CLASSROOM 3-5yrs

Join our 10-month play-based program in the Friendly Forest for children aged 3-5, a perfect place to help children learn and grow while developing a deep connection to the natural world. Led by Tammy Williams, who brings 15 years of Preschool experience and 5 years of specialization in Nature Preschool, your child will thrive in our intentionally designed outdoor classroom, where nature itself becomes both teacher and playground. Young children learn through play and exploration, so we prioritize child-led activities in our intentionally designed outdoor classroom, where educators provide gentle guidance to foster social skills and independence. Each day begins with circle time, featuring stories, songs, counting and letter work. Teacher-led activities focus on art, science, and games to develop fine and gross motor skills, complemented by field trips and nature walks to instill an appreciation for our environment. Children must register for at least two days a week and must be 3 years old by October 31, 2025.

In-person registration only.

SAANICH COMMONWEALTH PLACE

Tammy Williams, Jo Van Dyk, Christie Lee, Tiffany Kidder

132019	M	Sep 8-Jun 15	9am-1pm	\$122/month	Waitlist only
132025	Tu	Sep 9-Jun 16	9am-1pm	\$122/month	Waitlist only
132026	W	Sep 10-Jun 17	9am-1pm	\$122/month	Waitlist only
132027	Th	Sep 11-Jun 18	9am-1pm	\$122/month	Waitlist only
132028	Fri	Sep 12-Jun 12	9am-1pm	\$122/month	Waitlist only

REDUCED HOUR OPTION

132029	Tu	Sep 9-Jun 18	9-11:30am	\$77/month	Waitlist only
132030	Th	Sep 11-Jun 11	9-11:30am	\$77/month	Waitlist only

Call Ruth Smith - Pre-School Programmer at 250-475-7603 for more information